**Concrete goals**

Here you write down all goals that can be specified and measured in absolute terms, have clear sub-goals and where deadlines can be set, i.e. the majority of your goals. *The goal is SMART – Specific, measurable, enabling, realistic and time-bound .*

MÅL:

Deadline:

Uppnått datum:

|  |  |
| --- | --- |
| Key benefits of achieving this goal | |
| 1 | 5 |
| 2 | 6 |
| 3 | 7 |
| 4 | 8 |

|  |  |
| --- | --- |
| Any obstacles that may arise and possible preventive measures | |
| 1 | \* |
| 2 | \* |
| 3 | \* |
| 4 | \* |

**Sub-goals and actions**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Priority  No. | Sub-goals or measure | Deadline​ | Responsible | Up - reached |
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Is the goal worth the time and resources it takes? Yes\_\_\_\_\_\_\_No\_\_\_\_\_Later \_\_\_\_\_\_\_\_